

### **FASD (Fetal Alcohol Spectrum Disorders)**

This presentation covers prevention and identification of fetal alcohol disorders which are the damaging effects on a developing baby that can occur when a pregnant woman consumes alcohol. It also offers suggestions for interventions for individuals who are affected. This presentation can be a one hour presentation and is appropriate for teen and adult audiences.

### **Marijuana Myths**

This is a 30 minute to 1 hour presentation that discusses the myths surrounding marijuana. The effects of marijuana on the brain, the heart, and the impact it has on development will be presented. There will also be discussion on the scientific evidence of the hazards of legalization and the problems that plague the communities that have chosen to legalize. This presentation is appropriate for secondary students and adults.

### **Prescription Drugs**

This is a 1-1 ½ hour presentation that covers the dangers of prescription drug abuse. In today's society, access to addictive and potentially dangerous prescription medications is often times readily available. There is a growing trend across several age groups with particular prescription drug types being sought after and abused. Discussion will focus on the dangers that prescription drugs can possess and education on medication safety and where to go for help. This presentation is appropriate for adults.

### **Tobacco Education**

This is a 45 minute to 1 hour classroom or assembly type presentation. It covers the effects of tobacco on the human body, the dangers of addiction and the lasting hold it can have on an individual. Also discussed will be the marketing strategies of Big Tobacco Companies and their influence on youth.

### **Addiction and Current Trends**

This is a 1-1 ½ hour presentation that focuses on the dynamics of addiction and the brain. Current drug trends will be shared with particular emphasis on drugs highlighted in the Blair County Drug and Alcohol Program Hot Sheets. Society's ever changing drug trends can be difficult to understand and stay educated on. This presentation educates the audience on strategies to protect against emerging drugs and their harm to individuals and our communities. This presentation is appropriate for adult populations.

### **When Gambling Crosses the Line**

This is a 30-45 minute presentation that focuses on the differences between recreational gambling and problem gambling. Signs and symptoms of problem gambling are given with the effects on older adults, college students, teens and children. This presentation is appropriate for secondary students and adults.

### **What Healthy Families Need to Know**

This 1 ½ hour presentation provides the framework and the building blocks that are needed to raise healthy children and adolescents. Participants will learn how to recognize the risk factors that make children more susceptible to problem behaviors such as drug and alcohol use, early sexual behavior, delinquency, violence and school failure. Strategies to increase protective factors will be shared. This presentation is appropriate for adults.

### **What's Hot, What's Not**

This 1 ¼ hour presentation explores current drug trends and the methods of use. A large display of drug paraphernalia will be presented and made available for the audience to examine. This presentation is appropriate for adults.

**Developing Capable Young People**

This course is for parents of children of any age. The class is composed of a 90 minute session each week for 4 weeks. Participants will learn strategies that will empower them with knowledge to effectively raise children in a positive manner.